



I am going to perform on the stage at HOTA.



I will enter the building from a special performers' entrance called The Stage Door.
Staff will say hello and sign me in.



I will be taken through the hallway to a dressing room.

A dressing room is where I can get changed and ready for my performance.

I can leave my things in the dressing room



There are toilets upstairs on level 1 for me to use. I may need to use the toilet more than once.



I will be shown the stage area by my teachers and there will be a rehearsal so I can practice.

There will not be an audience for the rehearsal.

The seats will be empty.





The area behind the stage is called Backstage.

There will be staff in black clothing

who work there.

Their job is to operate stage area. I will listen to their important safety instructions.



I will now get ready for my performance. I may put on make-up and a special costume. The make-up and costume may feel different to my normal clothes.



Before it is my turn to perform,
I will stand side stage.
I will be quiet and keep my hands to myself.
I will hear loud music or announcing from the stage.
It will be my turn soon.



There may be things that make me nervous like loud noises and lights.

If I feel nervous, I can take some slow breaths.



It is my turn to perform.

When I enter the stage, I will see very bright lights and hear loud sounds.



I can see lots of people in the audience watching the show.

My family will see me from the audience.



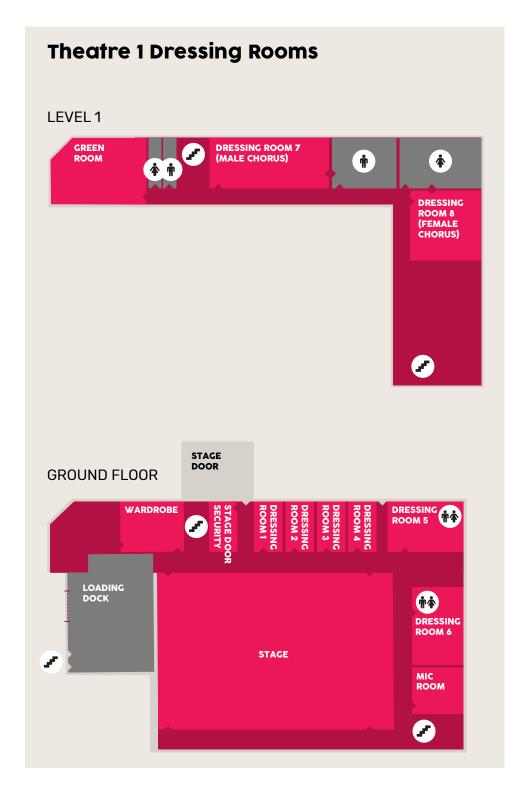
I know the show is over when I take a bow. Everyone will clap and cheer. The clapping might be loud.

When the show is over, I will get changed into my clothes.

I will walk out of the building the same way I came in.

My family will meet me after the show.

ADDITIONAL RESOURCES FOR TEACHERS



CONTACT

This resource was created by the HOTA Education Team, contact us:

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